





...your free community magazine

A concerted effort!



The Queen's Jubilee Week opened with a Grand Jubilee Concert at the Lakes School which bought together over 80 players from Kendal Concert Band, Burneside Brass and the Blasergruppe from Windermere's twin town Diessen-am –Ammersee, who also celebrate their 50th Jubilee this year. A packed audience enjoyed a variety music with a big band sound, Highland Pipers joined the bands for a truly spectacular finale!

Celebrating the glorious weather our new Mayor, Allan Winrow, joined members and visitors for a lakeside BBQ together with young people from Diessen who were here on work experience placements.

With encouragement and support from the Twinning Association July will see a group from The Lakes School visiting Diessen for a varied programme of activities, as well spending some time with the students from the Carl Orff School who came to Windermere in April. Many local young people have benefited culturally and linguistically from these exchanges and thanks must go to The Lakes School who organise and manage the trips.

Diessen's annual 'British Week' starts on 23rd September 2012 and they will be honouring us by the naming the road along the waterside park area as 'Windermere Strasse'. Visitors from Windermere are welcome to join Twinning Association members attending this event.

Twinning are already considering activities for next year and would be very pleased to hear from anyone with ideas for events or exchanges, especially those involving young people. Any new ideas will be included in their discussions at the next Committee Meeting in the Autumn. Jenny Borer 015394 44995/ jsborer@tiscali.co.uk

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Blooming wonderful!

Judging for Cumbria in Bloom took place in mid July and the comments they made regarding the route to be taken by Britain in Bloom judges on the 2nd August was extremely helpful. They recognised the sense of community created through projects such as Orrest Drive Allotments and other community projects.

The Windermere in Bloom Committee have worked hard to prepare and submit a folder for Windermere's entry in Britain in Bloom and have encouraged people to get involved in preparing the village by painting railings, repairing walls and clearing sites to help us look as spick and span as possible!

The library ran children's activities at half term and produced lovely flowers and butterflies which have decorated the library. You can see the Windermere in Bloom newsletter at the Library or via: www.wbcoft.org.uk

The results are now eagerly awaited and we would like to thank all of those people who have helped make Windermere Bloom this year.

Joan Stocker Windermere in Bloom Committee

Contact The Hub!

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A helping hand

Needing free help after an operation or illness?

Reablement is a service provided by Cumbria County Council through the Adult Social Care department. It aims to help people regain their independence following an illness, disability or loss of their personal support network. It is free, and provided for up to 6 weeks.

The service aims to help and support you to do things for yourself, rather than do them for you, with the goal that you will soon be 'back on your feet'. Perhaps you have had an operation, illness or accident and need some extra help with day-to-day tasks like getting dressed, preparing meals and doing household chores.

Almost everyone is entitled to Reablement, but lots of people just don't know about it. You need to be over 18 years of age, live in Cumbria and be able to live at home with some support. Contact your local Adult Social Care Office to find out more on **01539 713378** or **713331**.

Social interaction

Inspired by Windermere School's Service Project, where students visit elderly residents at Nine Oaks and Thorton House residential homes every couple of weeks, 15 year old student Grania Cookson took it upon herself to try and organise a special trip for some of the residents.

Researching and arranging a round trip of the Lake followed by afternoon tea at The Belsfield Hotel in Bowness, Grania set out to find funding for the excursion. The Rotary Club of Windermere & Ambleside and Windermere School kindly agreed to fund the trip.

On the 25th April 19 residents, 2 nursing staff, 4 member of school staff and 6 fellow pupils set sail on a Lake cruise with thoughts of an afternoon tea! Grania's idea had become reality and the day was a great success with much laughter and smiles. Grania received some fantastic feedback from the residents who greatly appreciated their special treat and she is now looking forward to organising another day out with the residents!



A lot of activity!



The 18th July 2012 saw the Grand Opening of 14 long awaited public allotments behind the Orrest Drive Flats. The initiative to re-introduce allotments was originally started by South Lakes Development Trust and continued by

Windermere Town Council. An Allotments Group comprised of town councillors and local residents spearheaded the project, chaired by local resident Debbie Binch. Essential funding of £6,000 was secured from grants. £3,800 came from the Big Lottery Fund, £500 from United Utilities for compost bins with a donation of water butts and connectors for the site. The Ambleside & Windermere Lions contributed £500 for fencing and the Windermere TACT group gave £100 towards a sign. Each plot is, 50m² an annual charge of

£1 per m² pa. There is a shed for storage and to house the water harvesting system and communal composters have been installed. A tree seat has been provided for weary gardeners to enjoy a cup of tea and have a chatter to the plants and fellow gardeners whist enjoying the wonderful view of the Langdale Pikes.

The Allotments Group were careful to respond to residents' wishes that there was no further pressure on parking in the area and the plots have been allocated on the basis of who lives closest ensuring they are able to walk to the site.

Almost 50 people are on the allotments waiting list and they are searching for a further site to develop. Any suggestions will be very welcome and should be addressed to the Town Council.

For more information contact Windermere Town Council (see page 6)

Community in transition

At their recent AGM TACT reviewed their achievements which included two 'Big Green' events, two Water and Energy Saving events at Booths with the Fairtrade Group, attending the Windermere Town Council Community Day and participating in the launch of Windermere Reflections.

TACT would like to know what you or your business are doing to save water and energy. Do you share transport? Use the bus? Walk? Do you catch water from the roof? They would like you to share your tips and experiences via www.tact-windermere.co.uk email info@tact-windermere.co.uk or visit their facebook page, TACT-Windermere.

If you would like to form a green energy study group contact Joan Stocker on **015394 44403**.

TACT members are looking after a community food sharing garden in the border of Berisford Road Gardens. You can pick food there or plant other food plants if you have spares. Please pick and plant thoughtfully!

Passion and Proms

Staveley Choral return from their summer break in September following a successful 2011/12 season which included The Windermere Passion and Last Night of The Prom, both performed at St Mary's Windermere. Their next concert is on October 13th, songs from films and shows, and next year a performance of Carmina Burana!

Why not join them? You don't have to read music! Many of their members live in Windermere and Bowness. Contact **Philip Burton**, the conductor, on **015394 42107**

'Can' you help?

Cumbria Voluntary Services has seen an increase in request for basic food rations from working families and individuals who have found themselves facing difficulties. Imagine if you fell ill and were unable to work, if your business went bust, if you lost you home, if your working hours were reduced – what would



you do? Turning to family for help is not always possible and benefits are often not instantly accessible in these situations where immediate help is essential.

Manna House needs you to help by donating full cans of food. Manna House will collect and share donations with South Lakeland food banks. You can donate as an individual, school, business, club, friend or neighbour.

Manna House Volunteers will collect non perishable goods you have collected in the last week of September, simply phone **07900094397** or email mannacan@live.co.uk with details.

Visit their web site www.manna-house.org.uk

Judo off the mat

Local schools Judo Coach Danny Harper has reintroduced Judo training at The Phoenix Centre in Windermere.

The club will initially operate on Friday evenings with a multi-skills class for children under 8 running from 6pm until 7pm followed by judo training for 8+ years from 7pm until 8.30pm.

For more information contact Danny on schoolsjudo@kendaljudoclub.co.uk

Taking a lead

Complaints to the council and police show cleaner streets are a priority for South Lakeland residents. In response to these complaints SLDC would like to put Dog Control Orders in place which will help to tackle the problems being reported by our communities.

The Clean Streets consultation asks the public which Dog Control Orders (DCO's) they would like to see introduced, giving SLDC the power to deal with the most common problems associated with dogs, and if there is support for a public byelaw to give the Police the relevant power to take action in response to public urination and defecation in the street. Using the results of the consultation the council can put the most suitable measures in place resulting in cleaner streets for all.

The new regulations specify the offences and the procedure for the introduction of Dog Control Orders. The offences proposed are:

- a) Failing to remove dog faeces
- b) Not putting and keeping a dog on a lead when directed to do so by an authorised officer
- c) Excluding dogs from specified land; and
- d) Not keeping a dog on a lead where appropriate.

The SLDC enforcement team will be out and about in the district to give people an opportunity to ask questions and to find out more about the proposals.

The Clean Streets consultation runs until September 24 and the roadshows will take place at the following venues and events: Tuesday August 14, Asda, Kendal, 9am-3pm; Thursday August 16, Market Square, Ulverston; Saturday August 18, Pets At Home, Kendal, 9am-3pm; Monday August 20, Grange-over-Sands, 9am-3pm; Tuesday August 21, Joss Lane car park, Sedbergh, 9am-3pm; Wednesday August 22, Booths, Windermere, 9am-3pm; Thursday August 23, Booths, Kirkby Lonsdale, 9am-3pm; Friday August 24, Market Square, Milnthorpe, 9am-1pm; Thursday September 13, Westmorland County Show.

Have your say by completing the survey online at **www.southlakeland.gov.uk** or obtain a paper copy from the council offices in Kendal, Ulverston and Windermere and libraries across the district.

Skimmer-dipping

All England Stone Skimming Championships take place on Saturday 18th August between 11am and 4pm at Fell Foot Park.

Try your hand a stone skimming (or show off your skills) enjoy a BBQ, beer tent, ice creams, displays, children's activities. It's also a chance to meet the Windermere Reflections team, talk issues, actions and register your interest in a project or volunteer. For more information contact South Cumbria Rivers Trust tel: **01539 530047**

Wheelie BIG nuisance

Wheelie bins and recycling boxes are a common sight in the South Lakes, they are large, fairly unsightly, take up a lot of room, but, they are a necessity. We are encouraged to use them, we put them out and they get emptied. It is also our responsibility as householders to bring them back on to private land as soon as possible after being emptied.

Bins and boxes should not be stored on the road, path or verge as they cause a nuisance, danger or obstruction for people, including wheelchairs/mobility scooter users, those with impaired vision and people pushing prams.

Wheelie bins and boxes left out on the highway can also lead to vandalism, litter, fly tipping and arson and detract from the impression given to the many thousands of tourists visiting this wonderful part of the country.

If there is a reason why you are unable to move your bin or boxes back then contact South Lakeland District Council for help. Those who persistently leave bins and boxes might be prosecuted so please remember to fetch them in!



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Enabling opportunities

DaCE is a local organisation with many years of experience and expertise in supporting people in arranging their care packages. Their aim is to support local disabled people to live independently and in full control of their lives. They work with disabled people, their families, carers and professionals to help them organise their care in the most suitable way, provided by the people they want to do it.

A Personal Assistant Package is available to people with a Direct Payment or Personal Budget as well as privately paying clients. The comprehensive package covers all aspects of employing staff including staff salary, tax and NI, carrying out CRB checks, risk assessment, contracts of employment, job descriptions, providing staff training and helping manage finances and returns.

For more details and free home visits to discuss options, contact: **Jill Spry**, Independent Living Coordinator for South Lakes & Barrow, on **0845 1249303**



Ramping up support

A group of young people in Windermere are trying to raise the funds to repair and renew their skate park after years of use has left some parts of it run down.

The skate park is a popular space on Queen's Park where young people meet, skate and socialise. Working with Young Cumbria, Inspira and PCSO Sarah Blacow, the group are trying to raise the funds to restore the park.

The group are currently carrying out a consultation with pupils at The Lakes School to find out their views on the skate park and are investigating costs and coming up with fundraising ideas as well as development plans for the skate park.

If you are a young person who would like to be involved with the project or would like more information please contact Sarah Cutts – **07902699363** or **sarahcutts@youngcumbria.org.uk**

Did you know ...?

'Did you know...?' is a new campaign that launched on 2nd July to shine a light on the different departments that work around the clock to help support front line policing and keep people safe. Each week, the campaign will focus on a different department to highlight the work they do to help keep people safe in Cumbria.

www.cumbria.police.uk/news/campaigns/did-you-know

Rogue Traders!

Citizens Advice and Trading Standards teams have seen an increase in reported problems with goods and services. In our region, second hand cars, unsatisfactory goods, cancelling contracts and problems with buying goods on the internet are common issues.

If you know your rights, you can avoid these problems:
•Use Cumbria Trading Standards' 'Buy with Confidence' scheme to choose reliable firms or tradesmen. Businesses undergo scrutiny before being accepted into the scheme, and a mediation service is offered if anything goes wrong. Check for local suppliers at www.buywithconfidence.gov.uk

- Citizens Advice recently took over the responsibilities of Consumer Direct. The Citizens Advice Consumer Service was launched so advice could be sought by telephone (08454 040506 or 0208 1850710) or email (complete the online form at www.citizensadvice.org.uk).
- Self help information is available at www.adviceguide.org.uk
- If you prefer the personal touch, your local Citizens Advice Bureau is always here to help.

Free, confidential advice and help is available from the Citizens Advice Bureau on any aspect of debt, benefits, employment, housing and any other problems.

Contact the Grange or Windermere Citizens Advice Bureau on **015395 33100 / 015394 46464**, pop-in in person, or visit **www.cumbriaruralcab.org.uk**

Natural History

The Ambleside Natural History Society meets in a spirit of friendship and goodwill to share in all aspects of natural history, geology, the countryside, its scenery, its flora and fauna, its use, its buildings, its history, the activities of its inhabitants, etc. Almost nothing is excluded.

The Society meets through the winter months of October to March when talks and presentations are given. In the summer months outings to places of interest are arranged.

Visitors and Members are always welcome.

Annual Subscription of £11 for adults and 50p for under 25's is due each January.

Attendance Fee per meeting is £1 for Members, £3 for non-Members, under 25's are free.

Should more information be required, please telephone the Secretary, Gillean Bell on **015394 32730** or the Treasurer, Anne McVey on **015394 42767**.

Moment to Shine!



Phones capturing the 'Moment'.

The stage was set and anticipation grew as the Olympic Torch approached Bowness on board the MV Tern at one of only a handful of Olympic Torch Relay being held outside of the London 2012 Festival.

To be one of many thousands of people standing on the shores of the Windermere to welcome the Torch Relay to The Glebe on 21st June, was truly, a once in a lifetime experience and, despite the threat of more dreadful weather, the torch procession arrived and the Olympic Flame was lit in a brief respite from the rain - Bowness really did choose the right 'Moment to Shine'.

A torrential downpour followed the lighting of the flame but hearty Cumbrians' and many visitors were not deterred and stayed to enjoy Les Commandos Percu performing their spectacular light show 'On the night shift' amidst low cloud, pouring rain and a sea of umbrellas!

Message from our Mayor

Since I became Mayor less than four months ago our community has seen three of the biggest events of the year: Jubilee Day, the Cultural Olympiad, and the Great North Swim. I hope that everyone who took part in these events enjoyed them as much as the elements allowed.

We have yet more important events coming up in the shape of the Windermere, Cumbria and Britain in Bloom judging days. By the time you read this they will already have taken place and I wish everyone involved a belated 'good luck'.

Work is continuing at Orrest Head, Elleray Wood, Langrigge Playground and at the Orrest Drive allotment site, and my thanks go to all those whose contributions make everything possible.

Also in the pipeline are two projects to add to the amenity and attractiveness of the area.

Firstly, the Council wants to pursue the installation of bus shelters at strategic locations and would like to hear your views on the matter – do you think it a good idea? Can you suggest suitable locations? Please contact your local Councillor or the Town Clerk with your comments.

The second project is a scheme for the visual enhancement of Ellerthwaite Square. Again, the Council would welcome your comments and suggestions.

We have four vacancies on Town Council, if you are interested please contact our Town Clerk

Finally, you may be interested to know that the Council has set up a Twitter account to broadcast news and information quickly. The account name is **@WindermereTC** so why not log in and follow us?

Allan Winrow. Mayor

Who's who on Town Council?

Ward	Name	Tel No	Email
Applethwaite	Mrs Jennifer Borer	015394 44995	jsborer@tiscali.co.uk
Applethwaite	Dr Robert Judson	Apply via Clerk	dr.robertjudson@btinternet.com
Applethwaite	Mr Bill Smith	015394 44267	bill@sldt.co.uk
Applethwaite	Mr Jo Stephenson	015394 45448	stephensonjocllr@aol.com
Applethwaite	Mrs Joan Stocker	015394 44403	joanstocker2512@aol.com
Bowness North	Miss Kathleeen Atkinson	015394 44254	None
Bowness North	Mrs Jennifer Jewell	015394 42969	jenniferjewell1@btinternet.com
Bowness North	Mr Adrian Legge	015394 45252	adrian.legge@hotmail.com
Bowness North	Mr John Saunders	015394 43164	saunders2112@aol.com
Bowness South	Mr Leith Hallatsch	015394 45898	LJcom1@aol.com
Bowness South	Ms Sandra Lilley	015394 48032	sandralilley241@btinternet.com
Bowness South	Mr Allan Winrow	015394 88408	satis@gmx.co.uk
Windermere Town	Mrs Lisa Greasley	015394 44465	None
Windermere Town	Mrs P Henderson	015394 42377	p.henderson346@btinternet.com
Windermere Town	Mr Alan Marsh	015394 88339	alanmarsh@tiscali.co.uk
Windermere Town	Mr Mike Stafford	015394 46862	None

TOWN CLERK: Mrs Tracy Fletcher, The Croft, High Casterton, Carnforth, LA6 2SD Tel: 015242 72678 Email: clerkwtc@live.co.uk Vacancies: 1Bowness North, 2 Bowness South, 1 Windermere Town.

Update from our County Councillors

'GoLakes' – A Better Way to Travel

An exciting new initiative has been launched by Cumbria County Council, the Lake District National Park Authority (LDNPA) and Cumbria Tourism. The 'GoLakes' Travel programme has been funded by the Department for Transport and aims to transform how visitors get to, and travel around, the Central and Southern Lake District. The programme will increase opportunities to get around the area without a car prompting more enjoyable and relaxing trips for visitors whilst having a positive impact upon the community and the environment.

The programme extends from 2012 – 2015 and during this period there will be a total of 9 projects running throughout. Each project is responsible for delivering initiatives to change visitors' travel behaviour. Projects include a car hire network which will focus upon flexible low emission car hire for visitors through to Improved Cycle Networks which will look at improving access to cycling via new and improved cycle routes including mapping and signage. The overall objectives are to reduce congestion, provide safe and continuous networks whilst ensuring that local residents, visitors and communities benefit from the programme. If you would like to know more about the programme you can contact Claire Maclaine at claire.maclaine@lakedistrict.gov.uk or 01539 792715. Alternatively you can go to www.golakes.co.uk

Opportunities for Young People

Cumbria County Council's Local Committee for South Lakeland continues to support initiatives for young people within our area and this year one of those initiatives has been apprenticeships. We have allocated £2,500 per apprentice towards additional places for 16-18 year olds in small businesses in the area.

Eligible businesses will need to bid in to the scheme, and there are a limited number of grants available. The county council is keen to hear from businesses where there is good quality, sustainable opportunities available for young people to start their training in September.

South Lakeland Local Committee are also supporting many other initiatives for young people including the popular A2B Now Card – www.cumbria.gov.uk/A2Bnow and youth councils whilst targeting funds at some of the most vulnerable young people in South Lakeland focusing upon areas such as recreation & leisure, transport & accessibility, educational activities, decision making and helping young people take part in volunteering and community action.

Supporting Local Communities – Community Grant Opportunities

Are you looking to raise funds for a local project? Does your project benefit the wider community? Are you based within the Central Lakes area? If so, you may be eligible to apply for a grant from the Neighbourhood Forum. Grants are available for voluntary, non profit making community groups and organisations who can demonstrate that their project will benefit the local area. If you would like any further information as to how to apply please contact Kelly Alty on 01539 713447 or kelly.alty@cumbria.gov.uk.

The next Central Lakes Neighbourhood Forum will take place in the Autumn and if you have any burning issues or topics you feel would make an interesting agenda item please do not hesitate to get in touch with Kelly as above.



Jo Stephenson Hazel Bank, Hazel Street, Windermere 015394 45448



Cumbria County Council Jim Bland Oakridge, Underbarrow. Kendal 015395 68576

Cumbria County Council support the production of The Hub.

Hands Up!



Up Front are a Lancashire based theatre company who present challenging and informative shows around contemporary issues.

On Friday 13th July our local police team headed up by Sgt Ken Jewell arranged with Up

Front to bring a play to the Lakes School year 7 and 8 pupils. Titled "Hands Up" the show explored the mix of drink, drugs and young people. The play was also watched by Town Councillor Bill Smith, Paramedic Janet Burke and Chris Helman who chairs Windermere Barwatch.

Following the play, the more serious issues identified were discussed by Bill, Janet and Chris with the Lakes School audience. The pupils joined in a lively debate about personal responsibility and staying safe. Timed just before the summer holiday, the play and discussion were streamed live on the web with a web audience able to log in and Tweet a comment.

Paradise project

The Paradise Project is a remarkable exhibition initiative of over four hundred children's art works commissioned by The Lake District Holocaust Project. The title of The Paradise Project was inspired by the description given to the Lake District by the three hundred Jewish child Holocaust Survivors who were brought to the Lakes in 1945. In the words of Jack Aisenberg, one of the children who came to Windermere as part of the aroup, "I came from Hell to Paradise".

A children's art project is a fitting tribute to the innate creativity of childhood, and provides a poignant moment to reflect on what is lost when a child is caught up in the fog of war, hatred and intolerance. This project is supported by Arts Council England, North West, Cumbria Community Foundation, Madeline Mabey Trust and Cumbria County Council.

The works are being shown at the home of The Lake District Holocaust Project in Windermere Library between 14 July and 8 September 2012, and selections of the children's paintings will also be seen in libraries across South Lakeland throughout the summer.

The initiative not only celebrates childhood but also the centenary of the founding of a remarkable orphanage in Poland. The exhibition includes work by children from Sieradz, a town in Poland that has strong connections to some of the child Holocaust survivors.

It one hundred years since the establishment of the The Krochmalna Street orphanage in Warsaw where doctor, writer and educator Janusz Korczak developed further his child centred ideas that continue to have a huge impact today.

Janusz Korczak himself was murdered in 1942, along with the children from his orphanage. He had turned down many opportunities to escape the Warsaw Ghetto because he refused to leave his children.

Ransome's Ramble

The Lake District's award winning and number one tour specialist, Mountain Goat, is celebrating its 40th Anniversary and the Queen's Jubilee year, by launching a new **Swallows & Amazon** tour, which is full of nostalgia and rich in iconic Lake District experiences.

After leaving Bowness, they climb over Ghyll Head on the way to Gummers How, passing Ludderburn where Arthur Ransome lived, and the Mason's Arms his favourite watering hole. After a coffee stop at Haverthwaite, they board the railway for Lakeside. From there they travel to Coniston (lunch stop) before taking a cruise to Brantwood. We then tour down the east side of Coniston Water and on to Rusland to visit the church where Arthur Ransome is buried before returning to Windermere.

Korczak offered comfort to the children and travelled with them when they were all deported to the gas chambers of Treblinka Camp. Korczak remained with them to the very end.

Korczak believed that children had rights and his proposals were eventually incorporated into the United Nations 1989 Convention on the Rights of the Child.

Trevor Avery, Director of education charity **Another Space** and organiser of The Lake District Holocaust Project, states:

"When you work with children today you realise that they are the same as those survivors who came to the Lake District in 1945. They have the same hopes and dreams. We must all work to prevent this and future generations of children suffering from the kinds of cruelties that had been inflicted on the child survivors of 1945. It is difficult, of course it is, but we must keep trying. Children mean so much to the survivors, and dedicating this unique celebration of childhood to our Windermere Holocaust Survivors, and to Janusz Korczak, is so appropriate".

The Paradise Project can be seen at The Lake District Holocaust Project, Windermere Library, Ellerthwaite Windermere LA23 2AJ Tel: 01539 462400
For further details contact Trevor Avery on 07876 433490 or hello@anotherspace.org.uk

WINDERMERE OSTEOPATHIC CLINIC

Timothy Webb BSc (Hons) Ost

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