



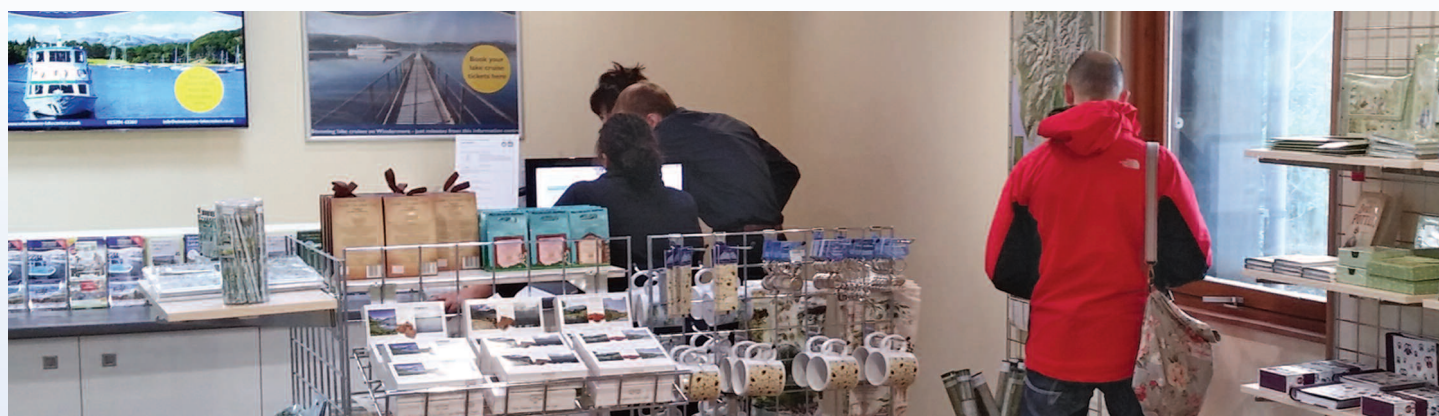
Hub



...your community magazine

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All GO AT Windermere Information Centre



Having closed for renovations in December, the Windermere tourist information centre reopened in time for February half-term under the new name **Windermere & Lake District Information**. The Mountain Goat, which successfully won the tender from South Lakeland District council in October, has spent £150,000 redeveloping the centre. The aim is to make Windermere & Lake District Information a real hub, providing visitor services including Wi-Fi, luggage storage, car hire, sale of tickets for Lake District attractions, and accommodation bookings. As part of the total information service, Mountain Goat will be operating tours from the site and has applied for planning permission for a café with indoor and outdoor seating.

The upper floor has been redesigned to incorporate the Mountain Goat staff team, but also retains a tourist information desk, retail area and information displays which will be available for use by local businesses. These comprise leaflet racking, small poster displays as well as advertorial TV screen displays and information panels. Information displayed in the window area will be visible for up to 16 hours a day.

Having not been used since the 1990s, the lower level will be re-opened as The Hungry Goat café which will serve hot and cold drinks, and a range of delicious sandwiches, paninis, cakes and biscuits for eating in or to take away. Toilets have been installed including a disabled facility. Tom Kenney, Windermere & Lake District Information's Manager, has invited "all local people and businesses to come and have a look around; we will be open 7 days a week". There are still minor works to complete on the site, after which there will be a grand re-opening. Details will be released soon.

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Go girls!

Since acquiring Broadoaks Country House back in 2007, the new owners Tracey Robinson and Joanna Harbottle have made many changes to the property, tastefully bringing the house back to life with some fresh interior design ideas as well as the construction of a beautifully designed Glass Orangery.

The Kitchen is headed up by the very talented Executive Head Chef Sharon Elders. Sharon has been classically French trained, this influence can be seen in the new French/Cumbrian fusion fine dining menus. If it's your birthday, then you EAT FOR FREE try their speciality dish of frogs legs or if you prefer an afternoon visit, simply book for a wonderful afternoon tea. See advert for details. Booking is essential.



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Contact the Hub!

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The deadline for the next issue is the 8th of May with distribution from 8th of June. Keep an eye on Twitter @HUBWindermere for more details!

Production is also sponsored by:

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Twinning news

After a wonderful Christmas Advent afternoon with the choir from St.Mary and St.Martin's Primary School at the Marchesi Centre followed by Christmas and New Year festivities, plans are now in hand for a number of events and exchanges with our twin town of Diessen.

Here are some advance dates for your diaries; the Twinning Association is always pleased to see people from our local community taking an interest or joining in with their activities. Due to Easter being early this year, the annual visit from students of Diessen's Carl Orff School will take place at the end of March, when some 40 students and teachers arrive on Saturday 21st March to stay at the YHA in Troutbeck.

A varied programme of trips and visits to places of interest in the Lake District will broaden the students' understanding of our beautiful area and will culminate on Tuesday 24th March when they will spend time at Lakes School and explore Windermere and its immediate surroundings. During the last evening before departing on the Wednesday, Twinning members will be helping with refreshments and activities at a social get-together when the Diessen students will meet up with those members from Lakes school who will be going on the return visit to Diessen in July.

This is a very useful event, as making the initial friendships encourages the exchange of email addresses and telephone numbers for future communications between the students. The Annual General Meeting will take place on Friday 20th March at the Marchesi Centre at 7.00pm and everyone is welcome to attend this social evening to meet members and have the opportunity to learn more about the purposes and benefits of Twinning, and maybe even think about joining the Association!

Finally, a group friends from Diessen are arriving for a cultural and exploratory visit from 6th to 10th of May, and a group from Windermere visiting Diessen from 23rd to 28th May when the association's saxophone quartet 'Take4' has been invited to play at several venues together with the Diessen brass ensemble, the 'Blasergruppe'. There is still time for more people to join this trip, so if you are interested, please contact Jennifer Borer on **015394 44995** or email **jsborer@tiscali.co.uk** if you would like more details.

Natural history

Ambleside Natural History Society - Meeting on Friday 27 March 2015 to take place at 7.30pm.

An illustrated talk by Brian Anderson, RSPB takes place in the Ambleside Parish Centre (next to St Mary's Church), Vicarage Road, Ambleside and is entitled: **WILDLIFE OF THE FALKLANDS** - this is a joint meeting with the South Lakeland RSPB Local Group. Everyone is welcome. £3 for non-members and under 25s are free. Further information is available from **Gilleen Bell** on **015294 32730**.

Post Office delivers

We are very pleased with our New Post Office, it is bright, clean, and spacious. The new two open-plan counters now allow us to talk to customers in more a sociable manner



rather than having to raise our voices and shout over one another. It is more like having a friendly chat in the street about our products and services and how we can help our customers either save money, make money or give them valuable peace of mind with our many insurance products, savings products & all postal services.

We still have one secure fortress serving position for larger banking and travel money transactions. As promised, we are now open all day on a Saturday from 09:00 - 17:30 with all Post Office transactions and services available. We will be opening on Sundays from Easter Sunday 10:30 - 15:30 again with all Post Office transactions and services available.

Feedback from customers has been very positive and the changes have been welcomed. Our customers say that the new open plan counters make us more approachable and that the counters are more spacious, allowing time to sort their transactions out before they leave the office. There is now a larger selection of greetings cards and retail stationery so customers can pack and post their items in the office, saving them time.

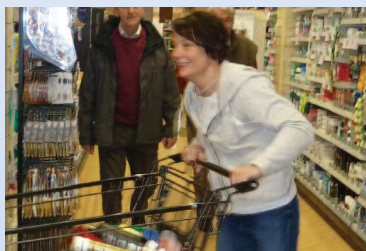


Come in and have a look!

Nigel Bartlett, Postmaster

£300 trolley dash

Rachel Garrell was the lucky winner and completed her trolley dash around Booths in January. The Rotary Club has raised over £25,000 for local charities in 21 years of running this fun event at Booths. Rachel



said "It was really exciting to do" and she thanked Rotary "for doing a good job". Rotary organiser John Burton said "Our thanks go to Booths for allowing us to sell tickets over a period of three days before Christmas and also to all who participated in the purchase of tickets as this year the event raised £1230 for local charities".

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The Register my appliance website is provided by AMDEA – The Association of Manufacturers of Domestic Appliances – to enable manufacturers to act quickly in case of a recall. This information is provided in partnership with the Fire Kills Campaign www.gov.uk/firekills.

THE MOUNTAIN GOAT

Residents Week

Monday 23rd to Sunday 29th March 2015

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Tel: 015394 45161

www.mountain-goat.com

Mountain Goat Tours & Holidays, Victoria Street, Windermere, Cumbria LA23 1AD

Need help managing your hotel's broadband?

If you were at the recent Lakes Hospitality Show you may have seen Kencomp Internet who launched their new Hotspot solution designed to manage Wi-Fi effectively for hotels and Caravan Parks. The Hotspot system is being used by a number of hospitality customers in the Windermere area to help them manage more efficiently how their broadband and Wi-Fi service is used by guests and staff.

The system is designed to help guests have a good internet experience. It does this by ensuring all guests get an equal share of the broadband, no one person can monopolise it and slow it down for everyone else. The Hotspot also helps to minimise unexpected usage costs, enhance security and ensure compliance with legal responsibilities. By using the data top up facility the system can turn some or all of your broadband into a revenue stream if you wish.

If you run a holiday park or hotel and would like help to manage your broadband and Wi-Fi contact Kendal-based Kencomp on **01539 898145**, email **sales@kencomp.net** or look at **www.kencomp.net** [advertorial]

Discount for locals

Enjoy great discounts on Windermere Lake Cruises services and entry to the Lakeland Motor Museum with a local residents' discount card. Windermere Lake Cruises values local custom and is proud to support the local community. Our residents' card gives you 50% off our lake cruises and Motor Museum entry during our winter season and 20% at all other times.

Anyone who is a local resident and lives in the Lancaster City Council district (includes Morecambe) and Cumbria. This includes all postcodes starting with LA or CA. This includes Lancaster University and University of Cumbria students - just bring your LUSU purple card with you.

Getting a card is easy. Complete our registration form and send it with a stamped self-addressed envelope and a photocopy of a recent bill showing your address. Registration forms are available from our website at **www.windermere-lakecruises.co.uk/about-us/local-residents-card** or by telephoning our office on **015394 43360** to have a form posted to you. You can apply for a residents' card at any of our ticket offices. Simply bring proof that you live in a LA or CA postcode (recent utility bill) and we will issue you with your card. It would help us if you could apply for a card during quiet periods.

The card can be used when purchasing tickets at any of our ticket offices at Bowness, Ambleside (Waterhead) and Lakeside Piers or at the Lakeland Motor Museum. Sorry, but the card cannot be used for purchasing tickets online.

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Millerground

The next spring Millerground Working Group, in collaboration with Windermere School, is to be held on **Thursday March 19th at 2pm** at Rayrigg Meadow car park. Free parking will be arranged.

There has already been a tremendous difference at Millerground, thanks to the SLDC £5000 LIP grant they've opened up the viewpoint. Standing at the end of the field it is now possible to see right down the Lake to the fells. It's fantastic! See you there!

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Responding to need

Family carers providing care to loved ones with dementia can often feel overwhelmed, out of their depth and isolated. Very few people undergo training to help prepare them for the role and therefore do the best they can to get by, often with little help and support. No wonder that they can feel engulfed by the enormity of the situation and, when they are feeling stressed, the person that they care for is likely to feel anxious and tense as well.

However one objective of Dignity in Dementia, a new social enterprise based in the South Lakes, is to enhance the dignity of people with dementia and their carers. It will soon be running a 14 hour (2 hours a week over 7 weeks) Mindfulness Based Dementia Care programme for family carers. It will combine practical and easy to use dementia care instruction helping carers to connect more effectively with the person they support, leading to an improved quality of life for both. Simple to follow Mindfulness practice will help carers relax more and view their stressful situations from a new angle.

The free programme is equally useful for existing family carers or those that are new to it. The seven week programme starts on Thursday 14th May at The Phoenix Centre in Windermere between 10.30 – 12.30.

To find out more or book a place ring Diane Smillie on 07771 682378.

Phoenix recruits

Self employed, spare capacity?

Bowness & Windermere Community Care Trust (BWCCT) is seeking someone to assist with the management of the Phoenix Centre and other community support projects delivered by them.

It is envisaged that this role will be delivered on a self employed basis with hours required being around 10 per week dependent upon the work in hand at any one time. An initial two year contract is available.

Whilst the post will be home-based, flexibility to attend the Phoenix Centre and our other local projects in Windermere and Bowness will be required and access to transport and proximity to Windermere is therefore considered essential.

If you would be interested in finding out more about this opportunity, please contact **Bill Smith on 015394 48415 or email info@bwcct.co.uk**

To find out more about the activities of BWCCT visit **www.bwcct.co.uk**



17 Lakes, 4 Days, 2 New Challenges, 1 Lake District.

A new challenge launched by Ambleside-based swim company **Head to the Hills** offers the chance for adventurers to swim in all of the English Lakes over two weekends. The Great Lake District Swim Challenge is set to establish the Lake District as the UK adventure capital for outdoor swimmers. The Challenge is split into east and west Lake District, and each is a non-stop action packed trip where the swimmers will have to cross a width, sometimes twice, of each of the swimmable Lakes in the allotted time before moving onto the next venue by chartered mini-bus. Organiser, Andrea Kelly said: "The Lake District attracts thousands of swimmers each year to organised events, but this new challenge aims to capture the imagination and adventurous spirit of swimmers."

"The great Lake District swim challenge will allow us to really showcase the beauty - and the beast - of the Lake District with its clear waters and soaring mountains." The two weekends are 8th – 9th Aug and 5th – 6th Sept 2015 and accommodation is included in the challenge. Groups are small as Head to the Hills are keen to protect the environment of the Lake District so they advise to book early by visiting **www.headtothehills.co.uk** or ringing **015394 33826**.

W I N D E R M E R E O S T E O P A T H I C C L I N I C

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• Member of the British Medical Acupuncture Society

Windermere & Bowness Medical Practice

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Team Goat

On 23rd of November 2014, several Mountain Goat staff members and their families took part in a charity bike ride in aid of Langdale & Ambleside Mountain Rescue Team. The 23-mile course took 5

½ hours to complete, travelling through Levens, Sedgwick, Kendal, Burneside and Staveley. Event organisers Elliot Linnen and Derek Allison presented the cheque to LAMRT leader, Nick Owen.



Robin Tyson, Mountain Goat's Marketing Manager, commented "it is great to see our team members supporting local causes, especially LAMRT which relies totally on public donations. Supporting local causes and charities is very important to us at Mountain Goat".

Brockhole ambassadors

Brockhole is the Lake District National Park's visitor centre on the shores of Windermere, which welcomes over 200,000 visitors every year, both locals and tourists. The centre is looking to expand its pool of dedicated volunteers who act as "Ambassadors" for the site, meeting and greeting visitors on arrival, offering information to help them make the most out of their visit and therefore improving their overall visitor experience.

They are looking for positive, outgoing, reliable, self-motivated individuals who are willing to support staff in a range of different tasks, to help deliver a world class visitor experience. This role is heavily customer focused so it is important that you are comfortable approaching and talking to visitors, and offering them advice and information.

They will be running a number of Open Days at Brockhole in the run up to Easter to give anyone interested in volunteering the opportunity to find out more, visit the site and enjoy a free cream tea! To book your place, or to find out more about the exciting opportunities available at Brockhole, please contact **Lorraine Brierley on 01539 792605 or email Lorraine.brierley@lakedistrict.gov.uk**

Time for change

This will possibly be the last 'Message From the Mayor' I shall write as I have been Mayor now for three years and it's time to pass over the reins.

It has been an interesting and rewarding three years. Along the way there have been glittering highlights such as meeting the Queen and Princess Royal in June 2013, and moments of sadness with the loss of friends and fellow Councillors. We gained a new Town Clerk, opened our first allotments and acquitted ourselves well in the Britain in Bloom competition. We've also embraced new technology with the creation of a website and Twitter feed, all of which helps to bring the Council and the wider community together. We have recently co-opted two new Councillors but still have vacancies on the Council and anticipate there may be more after the May elections, so we are always pleased to welcome those who want to give something to the community. It's a hackneyed phrase I know, but valid nonetheless – we are fortunate to live in a desirable part of the country, but it can only remain so if we all work to keep it that way, and what better way than being a member of the Town Council?

Members of the public are always welcome at meetings either to speak or just watch and listen, and the Town Clerk is always ready to give help and advice when asked. Please think about it – it's your town so you should have a say in its future.

Allan Winrow, Town Mayor

www.windermere-tc.gov.uk Twitter: @windermereTC

Brathay Marathon 2015

The award-winning, Ambleside-based, Brathay Trust works with thousands of children, young people and their families each year. They hope their 2015 event, their ninth, will attract 1,200 runners and raise over £100,000 for charity.

Overseas interest in the event grows each year with 2014 seeing runners from Japan, the USA, Australia and the Netherlands. Known as the 'The Beautiful Marathon', over half the course is run on partially traffic-free roads or roads with a dedicated running lane. The 26.2 anti-clockwise lap around Lake Windermere takes in the honey-pot sites of Hawkshead, Newby Bridge, Bowness-on-Windermere and Ambleside.

As Jon Owen, Brathay race director, explained: "We've had incredible support since we launched this event in 2007. It's become the single most important fundraiser for our work".

Entry includes timing chip, electrolyte sports energy drinks and bottled water at seven refreshment stations and the finish line, marathon finisher's medal, trophies and prizes for winners in all age categories, and a goody bag.

People have until the Thursday 14 May 2015 to enter. Further information can be found at: **www.brathaywindermere-marathon.org.uk**

The charity hold a Family Fun Day alongside the Brathay Windermere Marathon, which also coincides with the last day of the Brathay 10 in 10 (when ten marathons are run over ten consecutive days). All proceeds from the Family Fun Day go towards improving the lives of vulnerable and disadvantaged young people.

'Pensioner days'

Windermere's popular 'Pensioner Days' are back this Spring! Any retiree living in the CA and LA postcodes is eligible for the special discounts available every Friday throughout April and May 2015.

For just £4.75, local pensioners can enjoy a 24 hour 'Freedom of the Lake' pass from Windermere Lake Cruises, unlimited travel on all scheduled boat services and includes free access to Brockhole. There is also half price adult admission to The Lakeland Motor Museum, Lakeside and Haverthwaite Steam Railway, and Lakes Aquarium. Passengers should bring proof of address to the ticket office at Bowness, Waterhead (Ambleside) or Lakeside. For more information, please look at the website

www.windermere-lakecruises.co.uk



Miss Saigon, absolutely incredible

It may seem like a long time ago now but at the beginning of November 2014, The Lakes School took on one of the greatest musicals of all time: Miss Saigon. A musical based in 1970s Saigon during the Vietnam War, it tells the story of a 17 year-old Vietnamese bargirl abandoned by her lover, an American GI. The musical has one of the hardest scores in musical history and was taken on by 40 students, with ages ranging from 13 to 18.

As part of rehearsing and preparation, they were lucky enough to receive tutoring from a West End star, Claire Moore, who played Ellen in the original staging of Miss Saigon. They also travelled down to London to watch the show and meet the current cast who provided lots of advice and even kept in touch during the run up to the show with emails of encouragement.

18 months of rehearsing and every detail checked made for an amazing show. From the live 25-piece orchestra, the wonderful mix of drama and songs, the costumes, the Corvette car, to the most dramatic nightmare scene where a helicopter appeared to fly over the audience, complete with lights and smoke, and descended onto the stage! The emotional and moving final scene ensured there was hardly a dry eye in the house. The shows went incredibly well and received great feedback, with each performance selling out and extra seats having to be added on most nights.

The entire cast and crew said that it was the most amazing experience they could ever imagine being part of and it will never be forgotten. All involved would like to thank everyone who came to see the show and hope they will attend the next show in two years' time!



Mr Theobald, music teacher and director, with the cast and crew

Voicing concerns

Following its successful campaign voicing the concerns of our community against the introduction of parking meters in Windermere & Bowness, the Windermere & Bowness Action Group (WaBAG) has been looking at other issues of concern across our community that it could help to address.

Recent discussions and feedback have identified three areas that WaBAG believe are important to our community and its future wellbeing:

- WABAG will campaign for a system of Local Government for Cumbria that will more equitably serve the interests of the people of The Windermere Parish.

- WABAG will campaign for the establishment of a parish-based 'not for profit' Community Land Trust or similar organisation capable of acquiring suitable community assets to assure their onward ability to deliver benefit back into our community. Income derived from such assets would be reinvested directly back into our local community.

- WABAG will campaign for a single, coordinated parking strategy managed for the benefit of local residents and the local economy.

For more information, telephone WaBAG on 015394 40025 or email wabagroup@btinternet.com

www.wabagroup.org.uk ; Facebook.com/WaBaGroup or Twitter: @WaBAGroup

Bowness Bay Blues



The fourth Bowness Bay Blues festival, organised by The Rotary, will take place this year over the weekend of the 27–29 March! It has become known as 'a flagship for the very best of British blues' and one of the best-value music festivals in the North-West. No wonder tickets are selling fast, music fans love the combination of top-quality blues performers and the stunning setting of Bowness-on-Windermere. Tickets are now on sale from the Brewery Arts Centre www.breweryarts.co.uk or call **01539 725133**. Weekend Tickets £45, Friday Tickets £15, Saturday Tickets £30, and Sunday Tickets £20.

Thank you

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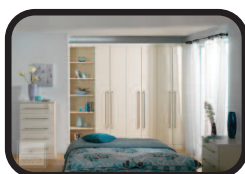
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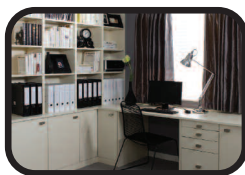
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Water - check

South Lakeland District Council (SLDC) are keen that as many residents on private water supplies as possible are aware that they are legally required to carry out this risk assessment on all private supplies in the district, to make sure they meet Drinking Water Inspectorate (DWI) standards.

Risk assessments are required every five years, but the Private Water Supplies Regulations Act 2009, which came into effect in 2010, means this is the first time that smaller 'Regulation 10' supplies (defined as supplying less than 10m³/d) have been included in the programme.

The council has appointed TOBIN Consulting Engineers to carry out the risk assessments, which will generally take place between February and June this year.

The assessment will require a site visit and will take two to four hours during which the assessor will examine all parts of the supply, including the source, water treatment and storage. Samples of the water will not be taken during the assessment, but depending on the outcome of the risk assessment, sampling may be undertaken at a later date if required.

The cost of the assessment is borne by the householders on the supply. The maximum cost of the assessment is £500 but SLDC anticipate that the actual cost of the assessment will be around £300, depending on the complexity of the supply.

All the payments are going to cover the cost of carrying out the mandatory risk assessments and SLDC does not make any profit from this process.

Anyone seeking more details about the reasons for the assessment can contact SLDC's Environmental Protection Team on **01539 733333** or visit:
www.southlakeland.gov.uk/environmental-health/private-water-supplies/



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