



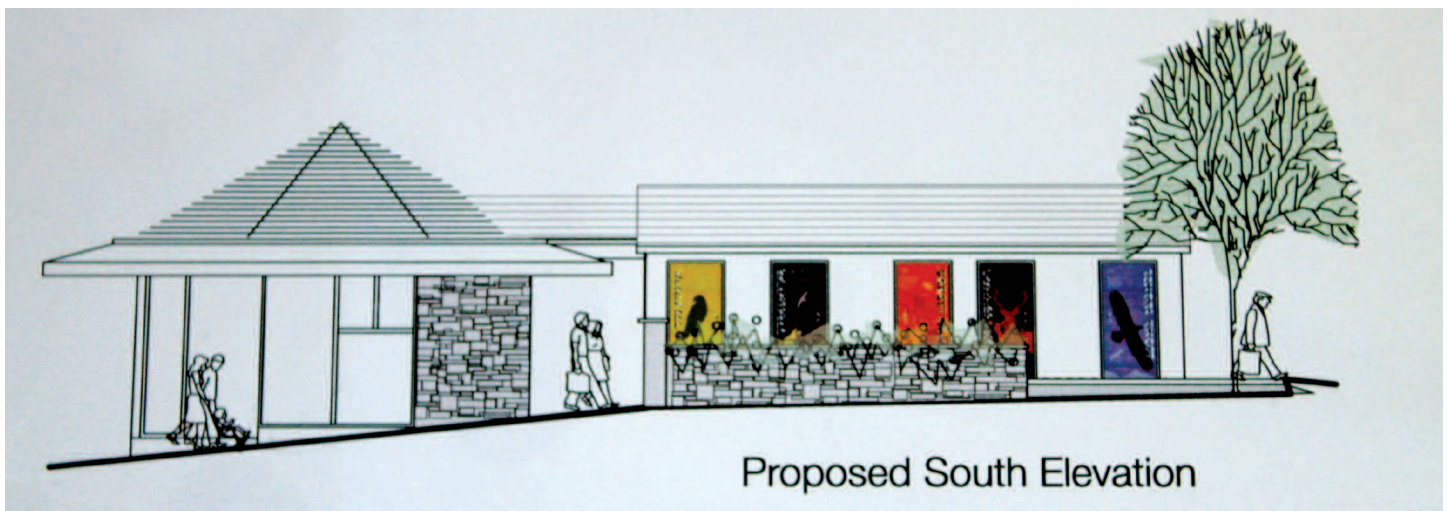
Hub



...your community magazine

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Convenience has its place



Bowness & Windermere Community Care Trust have drawn up exciting plans to completely refurbish the toilets at Quarry Rigg. The existing Ladies and Gents toilets have proved very difficult to maintain and fail to provide facilities considered adequate for those seeking to use them. Steps approaching the toilets from the car park make them inaccessible to many and the internal finishing, layout and lighting is well past its prime.

Whilst retaining the same building footprint the toilets are to be converted into 5 separate Unisex cubicles each providing disabled access with one also equipped for baby changing. Access to each of the cubicles is being remodelled to face onto Lake Road.

Attractive panels applied to each of the doors will depict images associated with the area to help ensure that the facilities present a pleasing impact, something far removed from the way they appear at the moment.

Funding for the project has been set aside by BWCCT from the operating revenue from the income derived from those using our local toilets over the last four years together with financial support from Windermere Town Council and South Lakeland District Council. Work had originally been scheduled to commence in October but, for logistical reasons, has been delayed until January 2017 with the new toilets due to be open by Easter.

For further information please contact **Bill Smith**, Chairman BWCCT on **015394 40020**.

The Hub is sponsored by:



Change at WYP

Following negotiations between the directors of Windermere Youth Project(WYP) and those of Bowness & Windermere Community Care Trust agreement has been reached that will see the Windermere Youth Project amalgamated within BWCCT.

Since its formation the Youth Project has operated independently and rented dedicated space owned by BWCCT at The Phoenix Centre. Amalgamation with BWCCT will see the Youth Project continue to operate from the Phoenix Centre but enable BWCCT to identify new opportunities to help develop WYP and further extend use of the space for additional youth and community activities.

Youth Engagement Service (YES) will continue to be contracted by BWCCT to provide the well-attended Youth Project on a weekly basis.

For further information contact **Simone Backhouse** via phoenixwindermere@gmail.com or telephone **07849 080709**

Windermere bench men



The bench men of Windermere have been busy again and this bench outside the Windermere Health Centre has recently been restored back to health by local volunteers.

It now provides a safe place for people to sit outside while waiting for their Taxi to take them home. For more information about the project contact Ian Irwin: iirwin004@btinternet.com

Artistry at work

An artist at work in the garden has helped Windermere's Cedar Manor Hotel win a gold award. Cedar Manor is the joint winner, with the Newby Bridge Lakeside Hotel, of Cumbria Tourism's Cumbria in Bloom competition.

The award comes after several years of collaboration between the hotel's owner Caroline Kaye and landscape designer Kate Wright.

Kate, who is also a painter and photographer, is originally a designer and has brought her artistic talent to Caroline's vision of how the garden of the hotel should be. The garden of the award-winning hotel is dominated by an ancient cedar tree which guards the entrance.



Says Kate: "I like to explore the idea of a garden as a painting, utilising the planting to this effect. The aim is to develop the garden at Cedar Manor so that it seamlessly moves through the seasons, and with each turn, a new picture comes into focus."

Bowness-born Kate, who has a degree in design from Manchester University, also teaches art and design part time.

"The design brief at Cedar Manor continues to unravel, and future projects including further focused expansion of planting, with a limited pallet of colour, to complement and enhance the powder pastel shades of the existing hydrangeas," Kate says. "This will then be brought into sharp focus with a sustainable mix of perennials, and seasonal plants with a white accent. The aim is to enhance the existing grounds, and provide the guests with an enchanting haven to relax in, and explore."

Caroline Kaye said: "Kate has worked wonders here, and we are really thrilled to win the gold award. We believe it's really important to create a beautiful space outside as well as inside the hotel."

Old loos news



Quarry Rigg Toilets are around here somewhere...

New trees are to be planted nearby to offset the loss of those currently overpowering the building.

Twinning news

During 2016, Windermere Diessen Twinning Association arranged several local community events including the visit in May from the Diessen's Alpine Horn group who spent an amazing afternoon playing on the higher ground at Allan Bank from where the sound of the horns echoed a long distance through the Grasmere and Rydal valley.



A joint concert was held together with our own 'Take4' ensemble at St Herbert's Church followed by a special morning assembly with St Cuthbert's School, making music with the group of children who have been learning to play Glockenspiels which were purchased from special fund raising events by the school with help from the Twinning Association.

Other events during the year included the successful annual exchange visits from the Carl Orff School in Diessen in March, together with the return trip from Lakes School students in July, both of which were greatly enjoyed by all the participants. A later visit here by Diessen's own Twinning Chairman included the presentation of a photograph of their new Twinning sign acknowledging both of their town partners of Windermere and Lomnice in the Czech republic, and this will be displayed in our library together with the cabinet containing the other commemorative gifts we have received.

We have been especially grateful for the support and interest of our activities shown by Windermere Town Mayor, Leith Hallatsch and his wife, and are delighted that during early May 2017, they will be accompanying a group of Members for an official visit to Diessen where they will experience the generous hospitality of our friends and learn more about the surrounding area including the lake, mountains and rural hinterland, being the similarities which have underpinned our successful Twinning over nearly twenty years.

We would be delighted to hear from anyone who would like to learn more about our Twinning or who may like to join us on next year's visit by contacting the Chairman, **Jenny Borer** on **015394 44995** or email on: **jsborer@fiscali.co.uk**

School's United Football

The 13th October saw a local school's football tournament take place at Goodly Dale Primary School. Over 30 children, both boys and girls, took part in 8 matches with each team playing a total of 4 games. Schools involved were; St Marys St Martins (who sent two teams), St Cuthbert's and Goodly Dale, all of Windermere.

The final was played out between St Marys St Martins City and St Marys St Martins United with United winning 1-0 in a very tense and even game.

Throughout the tournament goals were flying in left, right and centre with great effort and enthusiasm from all the children involved. The tournament was a fantastic opportunity for the different school children to get together and meet each other, in the hope that they may go on to secondary school together and develop good friendships, helping with that transition.

This tournament is hoped to be just the starting point and they hope to deliver more projects like this to further enhance a community feel and allow the children to continue to develop.

Well done to all those involved, thanks go to **Simone Backhouse** for putting this project together, there has been positive feedback from all schools involved.

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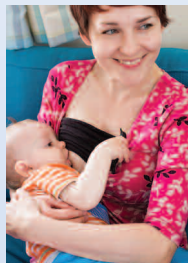
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Your Breast friend

Has a Health Professional made a positive difference to your experience of breastfeeding? Did a Midwife spent time with you in the early days that helped you get started? Maybe a GP made an extra effort to find the right medication for you when you were breastfeeding, or perhaps a Health Visitor supported you to keep breastfeeding when you returned to work.

South Cumbria Breastfeeding Support would like to hear from you. The **Breast Friend Award** is a new award being launched by South Cumbria Breastfeeding Support. This award is made to a Health Professional based in South Cumbria who has made a significant positive difference to a mother's breastfeeding experience.

The award aims to highlight good practice in the area of breastfeeding support by Health Professionals and to raise awareness amongst Health Professionals and parents of the importance of good support for breastfeeding.



Local mums can nominate a Health Professional using a simple form on South Cumbria Breastfeeding Support's website. Any Health Professional working in South Cumbria can be nominated. This could include, for example, Midwives, Health Visitors, Obstetricians, GPs, Nurses, Paediatricians or Dieticians. Nominations open on 24th October 2016, and the first award will be announced early in 2017.

To find out more, or to make a nomination, visit **www.cumbriabreastfeeding.org.uk/breastfriend**

Windermere Golf Club Coffee Morning Wednesday 8th February 2017

Tickets £1 to include coffee and biscuits
(£1.50 on the door)

Book Stall, Tombola, Raffle, Cakes, Produce,
& Games of Chance

Proceeds from the games go to The
Bowness and Windermere Community Care
Trust

For tickets Tel. 01539443266

Windermere Gym

The Windermere Gym provides for a wide range of ages and abilities both male and female to improve their aerobic fitness through Box Exercise and there are 3 groups who enjoy the sessions.

[1] Female Class Monday & Wednesday from 6.00 pm to 7.00 pm.

[2] Male adult class Monday & Wednesday from 7.00 pm to 8.30 pm.

[3] School age class for 10 to 15 year olds on Thursdays from 6.00pm to 7.00pm. Contact Ian Irwin for more information: **iirwin004@btinternet.com**



Social Club 55

Social Club 55 is a social enterprise based at the Marchesi Centre, Windermere and is open to everyone over 55 years of age in south Lakeland.

They are a friendly, fun and inclusive group aimed at older people who enjoy spending time with other people, they are a dementia and disability friendly group and tailor the sessions to provide stimulation and support for individual needs. Lunch and refreshments are provided sourcing local produce, using local retailers and recycling as much as possible.

They need financial support to help reduce social isolation of the over 55's and to support the large numbers of carers in our area to have some well earned respite and know their loved ones are safe and having a good time. Can you help **Anita Baxter raise £5000 to help fund subsidised transport to and from Social Club 55 in South Lakeland?** Donations will also help to subsidise outings, entertainment and activities.

Please donate to their JustGiving Crowdfunding Page: https://crowdfunding.justgiving.com/anita-baxter?utm_id=1&utm_term=GxVKz5XXe. Thank you!



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McClures secures funds

Windermere-based wholesale food distributor, **W. McClure Ltd**, presented a cheque for £10,000 to **St John Ambulance**, the nation's leading first aid charity.

McClures is a member of the Sterling Supergroup who is celebrating their 50th Anniversary this year. As part of the celebration they have raised £50,000 for charity. At the annual conference at Loch Lomond, McClures were drawn out of the raffle to receive £10,000 for their chosen charity. Other beneficiaries of £10,000 each were British Heart Foundation, Diabetes UK, Cancer Research UK and Help for Heroes.

W McClure Ltd Chairman Keith McClure will made the presentation alongside Managing Director Matt McClure and Sales Director Ben McClure at the company's head office on the 25 October. Accepting the cheque on behalf of the charity was McClures delivery driver and St John Ambulance volunteer Alan Cousins and Philip Thompson, representative from the St John Ambulance branch in Ambleside.

Keith McClure said: "St John Ambulance volunteers do a great job working in local communities to provide first aid, keeping people safe at events and assisting the NHS with 999 calls. They also do a lot of training in the workplace, to teach the life-saving skills that are so important. We're delighted to select this charity to benefit from these funds."

The donation boosts other fundraising activities carried out by McClures and its staff to support national and community causes.

Contract loos

The current cleaning contract for the 7 public toilets in Bowness & Windermere comes to an end in March 2017.

The Bowness & Windermere Community Care Trust are looking to enter into a new 5 year contract, starting on 1 April 2017. The deadline for receipt of quotations is 31 December and interviews will be held in January 2017.

If you are interested in quoting for this work, a specification and draft contract are available from the Town Clerk.

Mrs Julie Wright, Clerk to Windermere Town Council
Email: clerk@windermere-tc.gov.uk
Phone: **07951 402372**

www.windermere-tc.gov.uk

Where's Windermere?

Following the article carried in the Autumn edition about the 1843 map of the area on which Windermere village does not appear the high quality images of the map currently being sold to help raise money for The Calvert Trust have been proving very popular.

Copies of the map priced at £20 each (including a £10 donation to Calvert Trust) are available from the Cedar Manor Hotel and the Special Spaces Showroom on Woodland Road.

If you are thinking of buying a copy of the map as a Christmas presents stock is still available but from the 11th December only from Special Spaces as the Cedar Manor will be closing for a Christmas break between the 11th and 25th December.

Alternatively maps can also be purchased direct from **Stewart Greaves** by phoning **07814 839809**

Ja Windermere!

Ja Windermere! is an exciting new German themed, Christmas Market coming to the streets of Windermere this Winter with a wide range of festive stalls selling fantastic seasonal gifts from knitwear to soaps.



There will be delicious food and drink offerings available all day, as well as live music and street entertainment. Santa has been asked to visit this weekend and he has promised to bring his very own grotto and reindeers!

Town Council

Autumn is the time when the Town Council re-assesses its priorities for spending in the next financial year. This is done with reference to the Windermere & Bowness Community Plan, which represents residents' interests.

Next year, the Town Council wants to make sure that local community organisations and events are fully supported and is looking to increase funds that are on offer. This year, financial support has gone to the Winter Lights, the Youth Project, the Town Twinning Association and South Lakes Citizen's Advice Bureau. There has also been support for St Cuthberts School, the Marchesi Centre and the Christmas Market. In addition, a number of grants of up to £500 have been made to local businesses, to help with improving shop fronts and keep the high street looking attractive. If your community group or event is in need of financial support, it is always worthwhile approaching us for assistance. An application form can be downloaded from the website or alternatively contact the Clerk for more information.

A few local projects that have been given the "green light" are new planting and renovation of the Ellerthwaite Square island, new play equipment for the Langrigge Play area and new bus shelters for Troutbeck Bridge. We hope to see them all come to fruition through the winter – watch this space for progress!

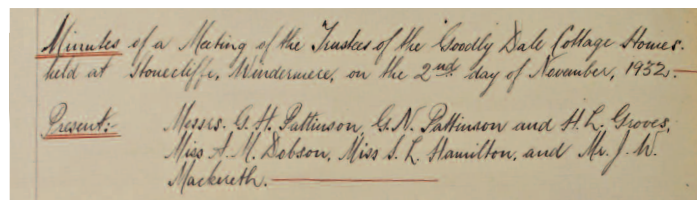
Finally, you may see the Town Steward, Gary, out and about with a large squidgy mop. He is doing the bi-annual cleaning of the road and street signs, before winter sets in. Give him a smile – it is a dirty job!

And a reminder that our next meetings are on 16th November & 14th December, starting at 7pm in Langstone House. Our agendas and minutes can be found on our website.

Julie Wright, Clerk to Windermere Town Council
Email: clerk@windermere-tc.gov.uk
Phone: 07951 402372
www.windermere-tc.gov.uk

All's good at Goodly Dale

Since our previous edition further evidence of the history of the Almshouses has come to light with the discovery of the original Minute Book. This leather bound tome contains handwritten minutes dating back to 1931 and provides a valuable insight into the heritage of the original cottages, those that lived in them and the Trustees responsible for them.



A new warden has recently been appointed to oversee daily activities at the 20 cottages operated by Goodly Dale Cottage Homes and the valuable work of those responsible for establishing the homes continues under the governance of local trustees keen to ensure that the cottages continue to offer homes for those meeting the criteria set out when the cottages were first constructed, but obviously adjusted to reflect 21st century needs.

For more information about the work of Goodly Dale Cottage Homes please contact our the acting Clerk, **Bob Pow**, on **015394 48363** or via pow246@btinternet.com



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Nicky Moss' Big dip

Swimming teacher Nicky Moss trained for over a year in order to swim the length of Lake Windermere in under 12 hours. On Sunday 18th September she began her challenge at Waterhead, Ambleside at 6am to finish at FellFoot, Newby Bridge at 3pm. It is a distance of roughly 12 miles or 800 pool lengths and she only went and did it!

Nicky decided to do the challenge in support of her local primary school - Goodly Dale Community School. Goodly Dale is a very small school, but with tonnes of heart and passion for sport. Their incredible teachers and support staff keep the children excited and involved in all sports regardless of Lake District weather and limited equipment. In 2015 United Utilities kindly provided us with an 'Astro Turf Pitch'. This pitch needs to be fenced, marked out and provided with equipment (netball posts, football nets, tennis nets etc). The School would like to make this space an integral part of the school's curriculum.

As a swimming teacher Nicky is passionate about children's sport and as a parent she's passionate about supporting the professionals who do so very much to bring out the best in our children. Every penny donated will go straight to the School to improve the facilities, for not just the children currently at Goodly Dale but for future generations to come.

"As with any event the first mile and the last are always the toughest and the longest and there were points where we realised we could not have achieved the swim without our safety boat from Lakeland Valeting. But I have to say the last mile of this swim was lovely! A HUGE cheer was coming from Fell Foot with lots of little people bouncing in and out of the lake. Parents, teachers and Head Teacher were all there to welcome us back to dry land and quite a crowd of innocent day trippers had been caught up in the excitement and were kindly donating and collecting for our school."



In total the route was just under 11 miles and Nicky had a swim time of 8.20 hours. She has collected half of the target

amount and still has a little way to go. The children at Goodly Dale are continuing the work to help top up our target! Nicky would like to say thank you for ALL the support that has come from the local community for this event. So many people have been so wonderful and it was a real treat to swim through Windermere seeing friendly, encouraging faces along the way. Thankyou a million times over!

Get up and GO-at!

Established in 1972, the first Mountain Goat minibus plied its way from Bowness on Windermere to Glenridding on Ullswater, re-establishing a bus connection between Lakeland Villages. Travellers using the service completed the return journey, more often than not, listening to the area's stories and information from the local driver. Over time more and more visitors wanted to explore the area's spectacular scenery and history associations therefore we took this opportunity to set up daily sightseeing tours covering all four corners of the Lake District.

With our brand new fleet of luxury Mercedes Sprinters Mountain Goat today are renowned for their exciting and inspiring choice of guided sightseeing tours. We also provide exclusive group hire, walking guide services, the 'Cross Lakes Experience' Bus Service, Lake District Tour & Stay Breaks and touring holidays in the North and Borders.

Hub is having a holiday

After many years of service as the official newsletter for Windermere Town Council the Council has decided to trial new communication opportunities during 2017. As a consequence this issue will be the last for the time being.

Monthly publications such as Windermere NOW have created some challenges to the HUB in keeping content fresh and, as a consequence and in an attempt to keep HUB content interesting and focused on or community, more time has had to be spent researching content not carried in other publications. Unfortunately finding this time has become more challenging.

Let's Talk Shop Ltd has enjoyed being responsible for the production of the HUB on a not for profit basis over the last few years and we would like to extend our thanks to the sponsors, advertisers and readers who have been so loyal to the publication during this period.

The HUB email address editor.hubnews@gmail.com will remain available as will the telephone number **015394 40022** and, although not being able to publish information in print, we would hope to be able to share appropriate community information via Twitter [@HUBWindermere](https://twitter.com/HUBWindermere)

Thank you



Sight advice

Sight Advice South Lakes is a local charity working with people in the South Lakes who have sight problems. We are here for anyone who is struggling with their sight; you do not have to be registered to get help!

It may be a case of increasing the lighting levels or getting some equipment like a large buttoned telephone or talking watch to make life easier. Our aim is to keep everyone as independent as possible. We work closely with other voluntary agencies such as Age UK, Carers, the Alzheimer's Society, and the Rehabilitation Officers at Adult Social Care.

Our office is based in Kendal at The Bradbury Centre, 116, Highgate, but we do have activities going on in the Windermere area. If you have seen your optician within the last six months, have an up to date prescription in your glasses but are still struggling to see print, you can self refer to the low vision scheme. Your nearest clinic is at The Bradbury Centre where you will be assessed for magnification free of charge and also get information from myself and a Rehabilitation Officer from Adult Social Care.

If you are housebound, you can ask for a **home visit**. To book an appointment phone **0844 824 8799**. Our Sight Advice Centre at The Bradbury Centre, 116 Highgate, Kendal has range of lighting, easy to see equipment and talking equipment. We also have CCTV and specialist computer equipment to help people keep connected. If you are unable to get into Kendal, we can visit you at home to demonstrate the equipment.

If you want further details of the help available, please give us a call at **Sight Advice South Lakes on 01539 769055**.

Contact the Hub!

Published four times a year on a not-for-profit basis, the HUB has been supported by Windermere Town Council and compiled by Let's Talk Shop Ltd.

This is the last edition of the HUB for the time being. Windermere Town Council are investigating other ways to communicate with residents of the Parish.

Production has also been sponsored by:

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If you have any local news please continue to contact: **editor.hubnews@gmail.com** where effort will be made to post appropriate information via Twitter.

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